Construction workers support during COVID-19 Pandemic

The COVID-19 pandemic has created different strains and challenges for all of us. Construction workers are one of the groups most affected, with many sites initially stopping work with workers being furloughed or left without pay, issues that Unite has tackled with both government and employers to ensure workers weren’t penalised. Alternatively, when sites have remained open or re-opened, this has created health concerns about potential infection with cleaning, social distancing and the supply of PPE being critical issues. Unite has led the charge to ensure safety at all times.

SAFETY, PAY AND EMPLOYMENT ADVICE
Contact your Unite rep or regional officer or go to https://tinyurl.com/y9yyj2fh
Call 0207 622 2442 or email: construction@unitetheunion.org

MENTAL HEALTH
The pandemic has affected many workers mental health, it is not weak to need support. Don’t let yourself unravel.

Call or contact
Mind: 0300 123 3393, text: 86463 or go to https://tinyurl.com/sk6exec

SUICIDE
The stress and problems caused by the pandemic has sadly led to an increase in suicidal thoughts and people taking their own lives. If you need support go to http://www.zerosuicidealliance.com/

GAMBLING
With many workers stuck at home problem gaming especially online has increased.

If you need advice or support call the National Gambling helpline on 0808 8020 133 or go to www.gamcare.org.uk for an online chat.

DEBT
If you are furloughed or if you are officially self-employed and have been without work; debt and financial concerns may be increasing.

Call the Unite debt helpline on 0800 3893431 or contact Citizens Advice for detailed advice and support.
Call: 03444 111444 or go to https://www.citizensadvice.org.uk/

DOMESTIC ABUSE
Domestic abuse, principally against women has increased dramatically during the lockdown. If you know someone who needs help or advice go to https://tinyurl.com/y92oamxt