

SAFE & SOUND AT WORK



Help make your workplace safer



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HSE, ORR and Trades Unions recognise that workplaces with health and safety representatives are safer and healthier as a result. We encourage workers to become involved as safety representatives.

European research suggests that women are under-represented in the health and safety decision-making process. In particular, more women are needed to be safety representatives.

By representing your colleagues you're playing a vital and rewarding role in:

- helping to make the workplace 'safe and sound' for the benefit of all; and
- making sure that women's views and experience of workplace health and safety are taken into account.

What will you be doing?

Your role will be to keep your colleagues involved in health and safety matters and represent them.

What are the benefits?

Your participation as a safety representative will help you:

- increase your skills and value in the workplace; and
- help protect your colleagues from health and safety risks

If you are interested in becoming a safety representative and helping to ensure that your workplace is both a safe and healthy place to work, then contact your union.

Find out more from www.hse.gov.uk/involvement/hsrepresentatives.htm or visit HSE's 'Do your bit' website at www.hse.gov.uk/involvement/doyourbit/



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