

World Environment Day

5 June

Unite to combat climate change

*We do not inherit the earth from our ancestors,
we borrow it from our children*



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THINGS TO DO AT WORK

- Switch off all computer equipment, appliances and machinery when not in use.
- Take the stairs not the lift.
- If your workplace is too hot turn the heating down.
- If it is too cold in winter get your employer to look at better ways of insulating the building.
- If you are the last one to leave turn things off.
- Set up a green travel plan; cycling, public transport, car-sharing and walking. (Some employers offer incentives for lower energy ways of travelling).
- Reduce water use - turn off taps.

Apply the three R's:

- ***Recycling is great,***
- ***Reducing waste is better,***
- ***Re-using it is even better.***



THINGS TO DO AT HOME

- Turn lights off when there is no-one in room.
- Close windows when the heating is on.
- Have a shower instead of a bath.
- Don't leave the tap running while cleaning your teeth.
- Use a water saving device in your cistern.
- Turn down the heating by one degree.
- Check if lighting is unnecessarily left on.
- Use energy saving light bulbs.
- Turn off electrical appliances – don't leave them on standby.
- Only fill the kettle with as much water as you need.
- Wash a full load of clothes and at 30 degrees.
- Collect rain water to use on your garden.

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