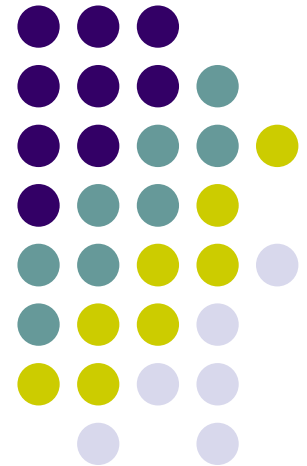


Developing Methods for Investigating the Processes Involved in Promoting Child Mental Health

Christine Bidmead
Training Facilitator,
South London and Maudsley NHS
Foundation Trust



Relationship valued in policy and practice



- Family Nurse Partnership
- Child Health Promotion Programme
 - Solihull approach (Douglas & Ginty 2001; Douglas & Brennan 2004; Douglas & Whitehead 2005).
 - Family Partnership Approach (Davis & Spurr 1998; Rushton & Davis 1992; Davis, Day & Bidmead 2002)



Why develop a measure?

- Help to answer questions:
 - Does ‘having a relationship’ with one worker preclude relationships with others, as in corporate working or skill mix teams?
 - Can relationships be equally effective across teams?
 - What happens when a worker leaves; does the client transfer readily to another professional relationship, or is it necessary to start again?
 - Does the existence or not of a positive client/professional relationship make any difference to their (or their children’s) health, parenting ability and children’s development?



What is TELER® ?

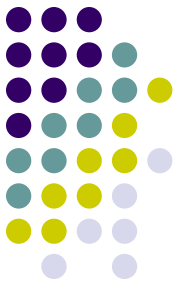
- Treatment
- Evaluation (by the)
- Le
- Roux (method)
- A unique method for recording and evaluating care
- Needs to be adapted for use in measuring relationships.



What is TELER®?

- Indicators developed from specific knowledge
- Can be used collaboratively with clients
- Can be used to measure and record change
- An objective measure
- Will be of use to practitioners and researchers
- Will enhance quality of services to parents

Conclusion



- A measure to make the implicit explicit
- An objective tool
- Useful for practitioners
- Useful for researchers
- Essential for quality services to parents.